SUPPLEMENT TO THE TOWN OF LAKE PARK EMERGENCY MANAGEMENT PLAN

EMERGENCY SUPPLY SHOPPING LIST

Week 1

- 1 Gallon of water per person per day for at least 5 days, for drinking and sanitation
- ☐ 2 Cans of ready-to-eat-soup (i.e. granola bars or raisins)

3 Boxes of quick energy snacks Sandwich bread (freeze until needed)

- 1 Box of crackers
- ¬ Dry cereal
- □ 4 Cans of fruit
- 5 Cans of meat
- ☐ 1 Jar of jelly or jam ☐ 4 Cans of vegetables
- ☐ 1 Large can of juice
- □ Instant coffee/tea/ powdered drinks

Water

water heater, used for bathing & washing dishes is in your before the storm. Clean water that could be water for all members of your family and pets Water will be needed for drinking, cooking, and bathing. Store enough bottled

Storage

Week 2

- ☐ 2 Boxes of large plastic zip bags
- □ Plastic wrap
- ☐ 2 Rolls of aluminum foil
- ☐ Assorted plastic containers
- ☐ 3 Boxes heavy-duty garbage bags
- Waterproof portable plastic container with lid

Important Documents Preserving Food &

use important papers. containers to protect power outages. Also, a storm, so plan for for several days after Electrical power can be off waterproof



Emergency Management Division Public Safety Department Palm Beach County

www.pbcgov.org/dem



Board of County Commissioners Palm Beach County

Management at (561) 712-6400. in an alternate format, Contact Emergency ADA, this brochure can be made available In accordance with the provisions of the

Cleaning & Supplies Week 4

TO DO LIST

- ☐ 2 Packages of eating utensils, paper cups, paper plates
- ☐ 2 Rolls of paper towels ☐ Facial tissues (i.e. Kleenex)
- ☐ 4 Rolls of toilet paper
- ☐ Liquid dish soap

□ Deodorant ¬ Antiseptic

□ Tweezers

□ 1 Large tube of toothpaste

☐ 1 Box sanitary hand wipes/liquid

☐ 1 Bottle of shampoo

Health & First Aid

Week 3

- ☐ Mosquito repellent
- □ Matches
- ☐ 2 Pairs of latex gloves

☐ Hydrogen peroxide T Rolls of gauze or bandages T Adhesive bandages, assorted sizes

7 First Aid book

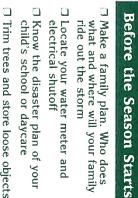
- ☐ Broom, mop, and bucket
- ☐ Unscented liquid bleach

Use What You Have

7 Rubbing alcohol □ Petroleum jelly 7 First Aid tape

First Aid

adequate supply on hand, and toilet paper. Insect repellent cups and utensils, paper towels, them when you go shopping included. If you have an and sunscreen should sure you have these supplies on hand. Don't forget disposable plates, Stock up on personal care and cleaning items. Check your supplies now to make you will not need to purchase



- ☐ Use a video camera to tape the ☐ Install/test your smoke detector contents of your home and store
- out of town videotape with a friend who lives
- ☐ Make plans to board your pet if you plan to go to a shelter store safely

□ Photocopy important papers and

- Obtain cash or travelers checks
- ☐ Establish an out-of-state contact to call in case of emergency



Emergency Supply Kit Shopping List

the stress of recovery by avoiding at a time before an event, can reduce strenuous. Shopping for items a little emergency situations, but shopping Everyone needs to prepare for long lines and empty shelves. for supplies can be expensive and

Get a Head Start & Be Prepared!

Keep in a Waterproof **Portable Container**

- Will, insurance policies, contracts, deeds, stocks, and bonds
- Passports, social security cards immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods numbers important telephone
- Family records death certificates, (birth, marriage





loved one

- T Extra supply prescription medication(s)
- I Anti-diarrhea medicine J Aspirin and/or acetaminopher
- ☐ Adult vitamins
- ☐ Thermometer

Special Needs Shelter

shelter. Individuals must be able to sleep accepts residents with a physical condition tollowing criteria: sately on a cot or mat and meet one of the be provided for in a general population requiring medical or nursing care that cannot The county Special Needs Shelter only

- Need nursing assistance with medications or medical care administration
- Monitoring vital signs or medical conditions or activities of daily living but do not need hospitalization
- Need constant electrical power for medical equipment

needing to use the Special Needs Shelter. Pre-registration is required for individuals

To register call: (561) 712-6400

Smart Supplies

Week 9

Helpful Supplies

Week 10

□ Games/activities for kids/family

- T Batteries for camping lantern
- ☐ Battery powered camping lantern
- ☐ Portable camp stove or grill

The Local and state road maps □ Extra radio batteries

□ Video or disposable camera

Your Property

save you from unfortunate surprises during of your policy prior to a disaster. This will insured and understand all of the conditions adjuster. Be sure that you are properly damage after the storm for your insurance and then take photos of any damage after the storm and then take photos of any evacuate, take them with you if you can. and valuables in a safe dry place. If you Take a photo inventory before the storm Before hurricane season, make a complete inventory of important documents personal property. Store your valuables

Common Tools

- Week 6
- Flashlights Battery operated radio
- ☐ Flashlight batteries
- Assorted safety pins
- 30 Screwdrivers Scissors
- ☐ Pliers ☐ Vise grips
- ¬ Hammer(s)
- T Heavy-work gloves
- Stove fuel/charcoal, lighter fluid
- Camping or utility knife 1 Box disposable dust mask
- Plastic safety goggles

Iune In

Emergency Operation Center to disaster. source of information during Local media are your primary They work with the

batteries. Stay informed about weather operated radio and stock up on plenty of conditions, hazards, closed roads, curfews and relief center locations. keep you safe. Be sure to have a batteryprovide up-to-date information that can

Heavy Tools

Week 7

- ¬ Plywood & fasteners to cover windows
- ☐ Tarpaulin, canvas for temporary roof repair
- □ Handsaw and/or chain saw & fuel
- ☐ Assorted nails
- □ Wood screws
- □ Hatchet
- □ Crowbar



Most hurricane related

work alone. It may be best to hire skilled sure you know how to properly use debris. Wear proper safety gear, make and insured professionals to do some power tools and machinery and never storm when people are cleaning up

injuries occur after the

Everyday Safety Week 11

- ☐ ABC certified fire extinguisher
- ☐ Smoke detector with battery
- ☐ Carbon monoxide detector

Everyday Supplies

monoxide detector. smoke detectors, and a carbon always have a working fire extinguisher on hand year-round. Make sure you is a good idea to have disaster supplies Disasters can happen without warning. It

some cases,

several and unpredictable. It can take

days, 6

Ħ

Damage after a hurricane is

Have Patience

CANDLES. Never use a risk of fire, DO NOT USE damage. ınside your garage grill inside your home or generator or charcoal and reduce property These items save lives To reduce 1

in the community is experiencing the same disaster. DO NOT HOARD FUEL

cable television. Have activities on hand

for your family. Remember that everyone for loss of power, phones, water, and

services. Be patient Plan

roads

and

restore

as they can to clear

begin work as soon

power,

Crews will

restore

Work together and help your neighbor

Special Items

- Special foods for special diets
- Extra hearing aid batteries
- ☐ Items for denture care
- □ Spare eyeglasses or contact lens supplies
- 1 Gallon of water per pet Leash or pet carrier
- ☐ Pet food
- ☐ Baby food
- ∩ Diapers
- □ Baby wipes



What You Need

Remember pets are not allowed in general shelters. If you live in an evacuation zone, Only you know what you need. Some families sure you have spare batteries for your Friendly Shelter by calling (561) 233-1266 pets can be pre-registered for the Pet nearing aid and a spare pair of eyeglasses. items as well as items for your pet. Make list. These include baby food and baby care will need special items added to their disaster pbcgov.com/pubsatety/animals





Emergency Management Division Public Safety Department Palm Beach County

www.pbcgov.org/dem

Public Affairs Department Palm Beach County

www.pbcgov.org/dem

GAS STATIONS AND STORES POWERED BY GENERATORS

The following is a listing of gas stations powered by generators as listed on the Palm Beach County Emergency Management website:

- Costco 11001 Southern Blvd., Royal Palm Beach, 33411
- Sunoco 3985 Lake Worth Road, Lake Worth, 33461
- Valero 1808 Lake Worth Road
- Marathon 7245 N. Military Trl., 33410
- Marathon 3691 W Blue Heron Blvd., 33406
- Murphy USA 103 North Congress Ave., Lake Park, 33403
- Marathon 980 Northlake Blvd, 33403
- Shell West 4445 PGA Blvd, Palm Beach Gardens, FL 33410
- Mobil 1260 Plaza Cir, Riviera Beach, FL 33404
- 7-Eleven 1220 Federal Hwy, Lake Park, FL 33403
- Rocket Fuel 100 N Federal Hwy, North Palm Beach, FL 33408
- Mobil 12750 US-1, Juno Beach, FL 33408
- Mobile 6661 W Indiantown Rd. Central Blvd, Jupiter, FL 33458

- Marathon 243 W. Indiantown Rd., 33458
- Circle K 126 W. Indiantown Rd., Jupiter, FL 33458
- Sunoco 1951 Indiantown Road
- Cumberland Farms 7228 N. Military Trail, 33410
- Cumberland Farms 3980 10th Ave N., 33461

Once a hurricane warning has been issued, it is best to fill your gas tank as soon as possible as the closer it gets to the projected landfall, gas stations may run out of fuel.

The following is a listing of grocery stores powered by generators as listed on the Palm Beach County Emergency Management website:

- Publix 13880 Wellington Trace, Wellington, 33414
- Publix 9720 Clint Moore Rd., Boca Raton, 33496
- Publix 8899 Hypoluxo Rd., Lake Worth, 33467
- Publix 11950 West Forest Hill Blvd., Wellington, 33414
- Publix 12425 Hagen Ranch Rd., Boynton Beach, 33437
- Publix 9855 Lake Worth Rd., Lake Worth, 33467
- Publix 11650 West Palmetto Park Rd., Boca Raton, 33428

- Publix 7375 West Atlantic Ave., Delray Beach, 33446
- Publix 8780 Boynton Beach Blvd. & Lyons Rd., 33437
- Publix 9846 Glades Road, Boca Raton, 33434
- Publix 6627 West Boynton Beach Blvd., 33437
- Publix 10935 S Jog Rd Boynton Beach, 33437
- Publix 13860 South Jog Road; FL
- Publix 11977 Southern Blvd., Royal Palm Beach
- Publix 8340 Jog Road, Boynton Beach, 33437

The following is a map showing Palm Beach County risk shelters and evacuation zones (please note that there are no risk shelters located in the Town of Lake Park:



Public Risk Shelters (excerpted from the Palm Beach County Emergency Management webpage)

Hurricane Evacuation Risk Shelters

Palm Beach County currently operates hurricane evacuation shelters across the County. All hurricane evacuation shelters meet current ARC 4496 design standards to withstand hurricane force winds, including window strength and protection, wind and debris exposure, and storm surge inundation.

A hurricane evacuation shelter is a refuge of last resort; a place to go if you can't stay at home or with a relative, friend, or co-worker or nearby hotel. While shelters are set up in schools, the timing of their opening and locations can change due to the circumstances of the storm. Not all shelters are opened for every storm. Monitor local media for current shelter openings and locations.

Palm Beach County and Palm Beach County Schools manage public shelters. Shelters provide simple meals and beverages; if you have special dietary needs or want snacks, you must bring your own. Shelters provide basic first aid only; cots and medical care are not provided.

Host Shelters (All-Hazards)

The ARC will also shelter disaster victims who are left homeless due to non-tropical weather related disaster events threatening their neighborhood. Under these circumstances, a designated shelter (i.e., community center, church, or other public facility) will be selected and opened by the ARC, in cooperation with DEM. The selected shelter will be located in close proximity to the affected area.

Pet Friendly Hurricane Shelter

The Pet Friendly Shelter is located inside the West Boynton Recreational Center at 6000 Northtree Blvd., Lake Worth, FL 33463 and is only available to Palm Beach County residents who reside in a mandatory evacuation zone, in a mobile home, or in sub-standard housing. Proof of residency will be required.

All pets must be accompanied by only one owner who will stay inside the Pet Friendly Shelter. All other family members will need to stay at the adjacent human shelter, Park Vista High School. Pets will be housed in a separate area away from where people are sheltered; livestock and reptiles will not be accepted.

Space is limited and all food will be provided, so please limit personal belongings to only those essential items that you will need during your stay.

For more information, visit: PBC Animal Care and Control



Department of Rubble Select Oblinion of Famogramy Recognics 20 South Military Trail West Palm Boach, FL 53415 (841) 712-4400 FRE (561) 712-4464 www.phogramen

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Palm Beach County Special Needs Shelter

With the support of several community partners, Palm Beach County has established a Special Needs Shelter program. This program is intended to address the needs of Palm Beach County's most vulnerable population.

Prior to the arrival of a hurricane, or following a significant disaster, citizens who are registered with the Special Needs Shelter program will be able to shelter at a centrally located facility where they will be under the medical supervision of physicians and registered nurses.

Admittance to these facilities is restricted to the following:

- Dependence on electric medical devices
- Dependence on supplemental oxygen
- Certain chronic but stable illnesses that require observation or caregivers
- Progressive Alzheimer's or Dementia

All persons not meeting the above criteria will be referred to their nearest general Population Shelter. If you do not meet the criteria and live in an evacuation zone or mobile home park and are disabled with no other type of transportation you may register with Palm Tran at (561) 649-9839 for the Special Transportation Assistance Program. They will transport you to a General Population Shelter at no charge.

Transportation assistance to the Special Needs Shelter may be requested through the application process. The application process will collect information on your health, along with any assistance you may need with daily living activities.

The Special Needs shelter provides safety, power and medical supervision. You will need to provide for yourself any care you would normally need to remain well. A caregiver must accompany any client requiring direct supervision or assistance.

The shelter will provide three meals a day. If you are on a special diet please bring appropriate food for a minimum of three days.

If you are accepted by the Special Needs Shelter you will be responsible to bring certain items with you to the shelter, including but not limited to medication, supplies, oxygen and/or concentrators to meet your needs in the shelter and during transportation.

Valuables, non-medical electronics, or big items should be left at home, only bring the things that you need most.

A wheelchair height, adjustable back cot is provided for the client, so be sure that your caretaker or companion has their own sleeping arrangements, such as an air mattress or portable cot. Arrangements should be made to take care of any pets, as only service animals will be allowed into the shelter. If you need assistance with your pets, the county operates a pet friendly shelter and may be able to assist you. Information on the pet friendly shelter can be found by calling 561-233-1266.

Be sure to let your family know about your plans for an emergency; such as staying home, staying with relatives or acquaintances, or going to a shelter. The Special Needs Shelter is a refuge of last resort, not a medical facility. The shelter has no beds, applicants who cannot sleep on a cot will not be accepted.

Please make sure the application is completely filled out. Failure to properly complete the application will result in delay of evaluation. If you have any other questions about hurricane preparedness, please do not hesitate by calling our office at the number below.

Regards,

s/

Keith Wall Special Needs Shelter Coordinator Palm Beach County Division of Emergency Management Office: (561) 712-6400 Fax: (561) 712-6464

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¹ Printed from the Palm Beach County Emergency Management website on 5/31/2019.



Palm Beach County Special Needs Shelter Application

APPLICATION DATE:	
APPLICATION DATE:	

SHELTER INFORMATION

Thank you for your interest in the Palm Beach County Special Needs Shelter. Please understand that the shelter is a place of refuge of last resort from dangerous weather or other emergencies. While basic services such as food, electricity, and medical supervision will be provided; clients and caregivers must provide supplemental food and all medications for the first three days. The shelter cannot provide the appropriate care to ventilator, and certain other patients. Please see page three for accepted diagnoses.

Please remember: Bed height adjustable back hospital cots are provided for clients. Caregivers must provide their own sleeping arrangements.

Return form to: Special Needs Shelter Program Palm Beach County Division of Emergency Management 20 South Military Trail West Palm Beach, FL 33415 OR Fax 561-712-6464. For more information, call 561-712-6400

	CLIENT IDENTIFICATION			
	CLIENT IDENTIFICATION			
LAST:				
DATE OF BIRTH://	HEIGHT: FEET	INCHES WEIGHT:		
GENDER: □ MALE or □ FEMALE	LANGUAGE SPOKEN:_			
HOME PHONE:CELL PHONE:				
CLII	ENT RESIDENCE INFORMA	ATION		
ADDRESS:		APT/LOT #:		
CITY:ZI	P: E-MAIL:			
MAILING ADDRESS: SAME AS ABOVE				
CITY:ZIP:		DWELLING TYPE:		
DEVELOPMENT NAME:				
CAREGIVER INFORMATION				
Patients requiring a caregiver must be	accompanied by their caregive	er at all times.		
Do you have a caregiver who will accompany you to the shelter? ☐ YES or ☐ NO				
NAME:	RELATIONSHIP:	PHONE:		
ADDRESS:				
		ZIP CODE:		
Does your caregiver have special needs? ☐ YES or ☐ NO If yes, explain:				
EMERGENCY CONTACTS				
(LOCAL) NAME:				
(NON-LOCAL) NAME:	DELATIONSHID			

	MEDICAL SUPPORT INFORMATIO	PHONE;			
HOME HEALTH AGENCY:		PHONE:			
HOME MEDICAL EQUIPMENT PROVIDER:					
DIALYSIS CENTER:	ALYSIS CENTER: PHONE:				
OVVOEN GUIDBLIED.		PHONE:			
	TRANSPORTATION				
Do you need transportation to a spec	ial needs shelter? □ YES or □ N	O (Arrive on my own)			
ASSISTANCE WITH DAILY LIVING NEEDED (Check all ADLs that Apply) 1. Assistance with Daily Living: (check all that apply)					
☐ Toileting ☐ Taking Medications [☐ Feeding/Eating ☐ Walking more than	50 ft. □ Getting out of bed □ Dressing			
2. Can you sleep on an adjustable ba	ack cot? □ YES or □ NO				
S S S S S S S S S S S S S S S S S S S	SPECIAL NEEDS (check all that appl	y)			
Electrical Needs	Mobility Assessment	Specialized Equipment			
□ Bi-Pap or C-Pap □ Cardiac Monitor □ Feeding Pump □ Nebulizer □ Suction Pump □ Oxygen Concentrator □ Oxygen: of hours daily at liters per minute □ Dialysis: (#) days per week	☐ I can walk -or- I use: ☐ Cane ☐ Walker ☐ Wheelchair/scooter ☐ Lift used to get out of bed ☐ I am bedridden continuously	□ Feeding Tube □ IV Equipment □ Service Animal (Canine or Miniature Pony) □ Other □ I need a nurse or caregiver to administer medications.			
Cognitive Assessment	Vision and Hearing Assessment	Special Care/Considerations			
□ Alzheimer's □ Anxiety □ Autism □ Conduct disorder □ Dementia □ Depression □ Mental health problem □ Obsessive Compulsive Disorder □ Psychiatric or personality disorder	 ☐ Hearing Impaired ☐ Deaf ☐ Partially Blind ☐ Blind 	☐ Ostomy ☐ Catheter ☐ Morbid obesity ☐ Open wounds/Decubitus ☐ Incontinence ☐ Wear Adult Diapers			

DIAGNOSIS				
Alzheimer's	□Progressive Alzheimer's disease (A	LZD) (This requires full time trained caregiver)		
and	□Psychosis (This requires full time tr	rained caregiver)		
Dementia	□Dementia (This requires full time tr	ained caregiver)		
Chronic but Stable Illness	☐Aphasia (Difficulty communicating	·		
	· ·	with medication and requiring supervision)		
	☐ □Continuous Ambulatory Peritoneal	•		
	☐ Cystic Fibrosis (Assistance with dail	- -		
	□Diabetes/Hyperglycemia (Requiring	g assistance with insulin and monitoring)		
	☐Dialysis (Peritoneal and Hemodialy	sis) (Dialysis not provided in shelter)		
	☐Fractured Bones (Pin care/dressing	changes)		
	□Neurological Deficit (Monitoring an	nd assistance with daily living)		
-	□Obesity			
	□Parkinson's disease (Assistance wit	h daily living)		
	□Seizures (Medication assistance)			
	<u> </u>			
Chronic but Stable Illness	□Cerebral Palsy			
With Mobility Impairment	□Cerebral Vascular Accident (Recen	, ,		
	☐Foley Catheter (Requiring Monitori	6,		
		Ilness (Such as: ALS, CVA, Multiple Sclerosis,		
	Muscular Dystrophy, etc.)			
Electricity Dependant	□Electric Energized Medical Equipm	ent (CPAP, Nebulizers, etc.)		
3 1	□Eating and Swallowing Disorders (I			
	□Sleep Apnea	and an ing the control of the process		
	<u> </u>			
Oxygen Dependant	□Oxygen Dependant			
	☐ Chronic Obstructive Pulmonary Dis	sease (COPD) (Requiring oxygen)		
	□Emphysema (Requiring oxygen)			
List any other medical pro	blems:	_		
Alleredan DVEC DVC	16 1:-4-			
Allergies: UYES or UNO	If yes, list:			
AT	TACH MEDICATIONS LIST (list n	nodication name and dosa)		
Al	I ACH MEDICATIONS LIST (list li	neutration name and dose)		
Form Completed By:	Relationship:	Phone:		
Torm completed by		T HONE.		
By submitting this form, I give my authorization for the Palm Beach County Special Needs program to release this information				
to other emergency response personnel, human service agencies, officials or those they deem necessary to facilitate the				
evaluation of this application and required activities to ensure assistance for me. Records relating to registration of disabled				
citizens are exempt as listed in the provisions of F.S. 119.07 (1), Public Records Law. The information contained herein will be				
kept confidential. I also understand that assistance will only be provided for the duration of the emergency and that alternative				
arrangements should be made in advance if I cannot return to my home. Should I require hospital or assisted living care, I understand that I must make these arrangements myself.				
understand that I must make th	ese arrangements myseif.			
Signature of Pati	ent / Guardian	Date		
S.B. attack of I att		Dutt		

Make A Plan



- Do you depend on electric medical devices to stay well?
- Do you depend on supplemental oxygen at least part of the day?
- Do you have a chronic but stable illness that requires professional observation, or have a full-time caregiver?
- Do you have progressive Alzheimer's or Dementia?

If so, turn this card around to learn more >>>





Make A Plan

The best place to be during a disaster is somewhere safe and comfortable, so plan to shelter at home.

If you live in an evacuation zone, plan to travel **minutes** or **miles** away from the danger if ordered to evacuate.

The Special Needs Shelter is available as a last resort when no other options remain.



Shelter admission is limited, and based on need. Transportation may be requested.

Applications for the Special Needs
Shelter are accepted electronically at
www.pbcgov.com/dem/sections/
operations/scu.htm by phone, or mail:

Special Needs Shelter Coordinator
Palm Beach County Emergency Management
20 South Military Trail
West Palm Beach, FL 33415

Tel (561) 712-6400 | Fax (561) 712-6464



